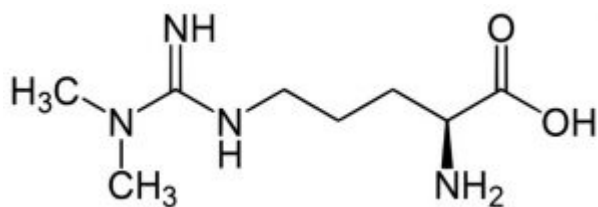
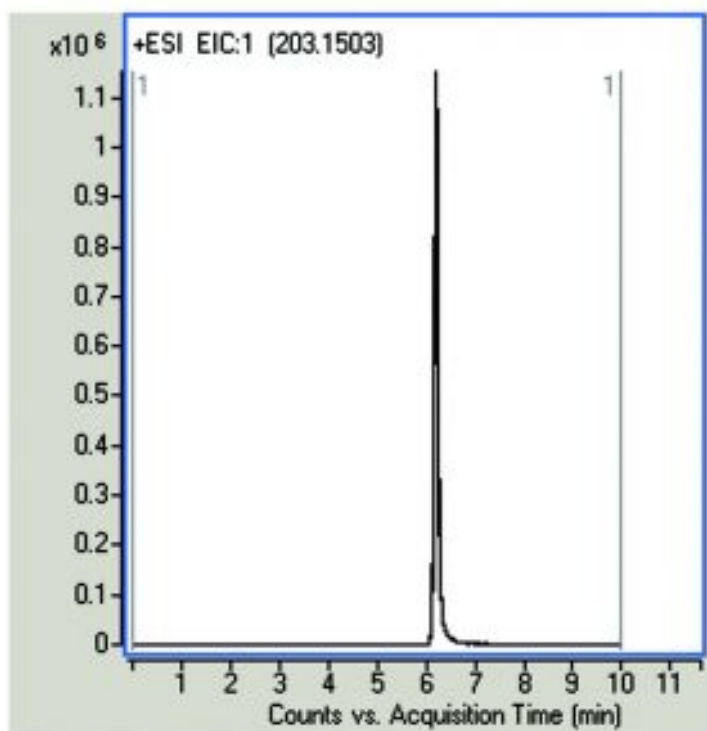


## Asymmetric Dimethylarginine ADMA - AppNote

### LCMS Method with Plasma Samples

ADMA has a very narrow concentration distribution in the general population. For this reason, the method of analysis of this compound in body fluids (Plasma, Urine) should have a very high precision and accuracy to generate clinically useful results.

The analysis of ADMA in Plasma Samples shown in the figure is a simple and robust method that is suitable for the routine determination of this important biomarker. The correlation coefficient ( $r^2$ ) of the calibration curve created in the plasma matrix was 0.9998. The advantages over other published LCMS methods are the short equilibration time between runs, no need for derivatization of the sample, and good repeatability.



### Peak:

6 overlaid injections on different days of ADMA (203.1503 m/z) in plasma sample.

### Method Conditions

**Column:** Cogent Diamond Hydride™, 4µm, 100Å

**Catalog No.:** 70000-15P-2

**Dimensions:** 2.1 x 150mm

**Mobile Phase:**

A: 50% DI Water / 50% 2-Propanol / 0.1% Formic Acid (v/v)

B: Acetonitrile / 0.1% Formic Acid (v/v)

**Gradient:**

Time (minutes)	%B
0	90
5	30
8	30
10	90

**Post Time:** 3 minutes

**Flow rate:** 0.4 mL / minute

**Detection:** ESI - POS - Agilent 6210 MSD TOF Mass Spectrometer

**Injection vol.:** 1µL

**Sample Preparation:** Plasma Sample was spiked with stock solution of ADMA (1 mg / mL in DI Water) to a final concentration of 0.5 mmol / L The solution was filtered through a disposable 0.45µm Syringe Filter (MicroSolv Tech Corp.). Sample for injection was diluted 1:100 with 50:50 Solvent A:B mixture.

**t<sub>0</sub>:** 0.9 minutes

**Note:** Latest studies have demonstrated that ADMA is a marker for stroke and also it is a novel cardiovascular risk factor. Published reports [1,2] have documented a relation between high levels of ADMA and coronary heart disease, congestive heart failure, cerebral small vessel disease and ischemic stroke in young people.

[1.] Valkonen V.P., Paiva H, Salonen J.T., et al, Lancet 2001, 358, 2127-8.

[2.] Schulze F, Carter A.M., Schwedhelm E, et al, Atherosclerosis 2010, 208, 518-23.

**Attachment**

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